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- Solo LeadershipTM is the practice of leading within yourself /in your personal life.
- You can not lead others unless you, yourself are practicing the principles of leadership daily & naturally in your life.

- Leadership is not something you turn on and off. It is something that is very much a part of you (much like being an entrepreneur).
- When your everyday consists of the qualities & characteristics of a leader, then you are practicing Solo Leadership TM .

- It is then, and only then, can you really begin leading others.
- Leadership is impact and influence. So you actually do not need to lead a large or small group to be considered a leader.

- In your every day, because you are constantly practicing Solo Leadership[™] you already do impact and influence those around you or those you know.
- It's in your words, your actions, your pursuits, etc. Even if it is in a small way, it is still leading.

- So contrary to popular belief, an official group/team, etc. is not necessary to be a powerful & effective leader.
- You can be this type of leader as a Solo Leader.

- Remember these 2 things:
- Leadership is a practice. Like a lawyer practices law, you practice leadership every day.
- Leadership can be learned. Anyone can be a leader if they really want to be.

- Just some of the qualities & characteristics of a leader:
- being 100% confident in yourself/belief in you
- desire to constantly improve yourself/ rigorous self correcting
- demanding more of yourself than others
- extreme discipline & determination

- enthusiasm and a positive mindset
- personal responsibility and accountability
- ethics, authenticity & remaining humble
- setting higher standards for yourself in all areas of your life (ongoing)
- believing that nothing is impossible but recognizing what is worth your time to pursue

- being bold & being very comfortable with being different
- taking risks others normally wouldn't
- action oriented & results focused
- surrounding yourself with quality people
- being able to easily say no to anything that does not serve you, advance you, or does not fit in with your agenda or short/long term goals

- eliminating bad habits and replacing them with effective habits (habits take about 21 days to form)
- spending time reading educational material/ investing in yourself constantly to grow
- admitting when you are wrong, making right the wrong if situation requires

- seeing opportunities everywhere by remaining open minded and self educated in many areas to appreciate what others will miss over
- being a part of the solution, not a part of the problem
- having people in your life that are above you so you can use them as mentors, or inspiration, or aspire to be like them

- Being comfortable with yourself. Being fine with being alone a lot. Being happy in your own company. Not needing anyone else to 'make your life complete'.
- Relying on no one but yourself to make your life the way you want it to be.
- Being the initiator, not waiting for things to happen for you. Never waiting for the 'perfect time'.

- Understanding that progress is success.
 Success does not come packaged up nicely in one big bang all the time.
- Re-defining success. Determine what success means or looks like to you personally, not what society norms dictate it should be.

- Leading is execution. Leading is the process of doing or accomplishing something.
- Eliminate the word try from your vocabulary and just do.
- Many people who 'try' only put 1/2 the effort in because that word allows them to stay in their comfort zone. That is why when most people try something, they don't succeed.

- Doing anything of significance requires getting out of your comfort zone often.
- Being as much of a role model as you can to others by being healthy & fit & caring about the one body you have.
- Pursuing at least I thing in your life that is bigger than you are - a personal mission, etc. to leave your legacy in this world (this is not money driven, this is passion driven).

- Being your own brand. Brand yourself.
- What do you stand for? What do you want to be known as or thought of to others?
 How do you want people to remember you when you leave a room? Etc.
- Be the person you want to be right now. Just decide who that is and literally, the second after you decide, start being that person!
- Then once you become that person 100%, aim even higher:)



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